

Gaithersburg HELP

HELP
For Gaithersburg
Residents Is
Just a Phone Call
Away

CONTACT US

By phone:

301-216-2510

When you call,
please leave a
message!



www.GaithersburgHELP.org

Gaithersburg HELP
can help YOU:

- **FOOD**
three-day supply of
food based on family
size
- **INFANT NEEDS**
diapers and infant
formula for short-
term emergencies
- **PRESCRIPTIONS**
emergency medical
needs such as
medicines
- **TRANSPORTATION**
transportation to
medical appointments
and social service
agencies
- **SUPPORT and
REFERRAL**
emergency resources -
referrals for rent,
utility bills, clothing
and furniture

Neighbors
Helping
Neighbors

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